

CENTRAL SHENANDOAH HEALTH DISTRICT

Weekly COVID-19 Update

April 5, 2021



WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

CSHD Expands to Phase 1c: On Friday, April 2, the Central Shenandoah Health District (CSHD) expanded COVID-19 vaccine eligibility to include persons in Phase 1c. Phase 1c includes:

- Energy
- Water, Wastewater, and Waste removal (includes recycling removal)
- Housing and Construction
- Food Service
- Transportation and Logistics
- Institutions of Higher Education Faculty/Staff
- Finance
- Information Technology & Communication
- Media
- Legal Services
- Public Safety (including engineers)
- Other Public Health Workers
- Barbers, Stylists, Hairdressers

All Virginians, especially those in Phase 1a, Phase 1b, and Phase 1c, should pre-register for the COVID-19 vaccine at vaccinate.virginia.gov or by calling 1-877-829-4682.

For other vaccine opportunities within the Central Shenandoah Health District, please visit Augusta Health's [website](#).

Edit Pre-Registration: You can now edit your pre-registration information to include your vaccination status. If you have received your first COVID-19 vaccine, please edit your pre-registration information at vaccinate.virginia.gov or by calling the **Virginia COVID-19 Vaccine Information Call Center 1-877-VAX-IN-VA (1-877-829-4682)**.

Scheduling Your Second Dose: You should return to the location of your first dose for your second dose. Your second dose is allocated to the location that you received your first dose. Before leaving the Central Shenandoah Health District for an appointment, think about if you will be able to return to that same location in 3-4 weeks. If not, you should consider waiting for an appointment in the Central Shenandoah Health District.

If you cannot return to the location of your first dose, please email csdh_esf8@vdh.virginia.gov with the subject line "2nd Dose Request" and include your name, location of your first dose, date of your first dose, type of vaccine you received, and the reason for your request. Requests are reviewed once a week.

Vaccine Finder: Retail pharmacy locations in our area are now providing vaccination appointments to anyone eligible in [Phase 1b](#), which includes people age 65 and older, people with high-risk medical conditions, and frontline essential workers. Individuals interested in getting vaccinated at a local pharmacy may visit VaccineFinder.org to find eligible pharmacy locations, hours, phone numbers, and scheduling links where available.

National Public Health Week

This week is National Public Health Week. CSHD staff members have worked tirelessly since the beginning of the pandemic to protect the health of those living and working in our health district. Please join us in thanking our public health heroes!



District COVID-19 Activity

Cases have been decreasing in our region (Northwest) for the last 8 days and cases are considered to be fluctuating. It is important to take preventative measures like avoiding crowded areas, wearing a mask, and washing your hands. You can explore individual locality metrics [here](#). To learn more about the VDH Pandemic Metrics, click [here](#).

Unsubscribe from Our Emails

If you no longer want to receive email updates from us, you can unsubscribe from our mailing list by clicking "Unsubscribe" at the bottom of any of our newsletters.

THANK YOU CSHD PUBLIC HEALTH STAFF!



PREVENTION REMINDERS

The COVID-19 vaccine is here, but we still need to focus on flattening the curve.

Watch your distance | **W**ash your hands | **W**ear a mask

- All people in Virginia should **stay home as much as possible** and **practice social distancing** to reduce the risk of being exposed to COVID-19.
- **Wear a face mask to protect yourself** from COVID-19.
- **Download [COVIDWISE](#)**, Virginia's free exposure notification app.
- **Answer the call!** If a Case Investigator or Contact Tracer calls you, you should answer the call. Talking to the health department is an important step in slowing the spread of COVID-19.
- **Who is in your Social Bubble or Pod?** As COVID-19 continues to spread in our community, it is important to think about who is in your social bubble and who might be in their bubble. Check out this [VDH document](#) for more information.



COVID-19 HEALTH EDUCATION

CSHD COVID-19 Community Call-In

Do you have questions about the COVID-19 vaccine and vaccination efforts in our district? Join us for our weekly COVID-19 Community Call-In! Please share with your community. This will replace our twice weekly "Office Hours."

Spanish language call:

- Every Wednesday from 6:00pm-6:45pm

English language call:

- Every Wednesday from 7:00pm-7:45pm

Dial **1-844-992-4726** and enter the access code **132 173 5589** when prompted. When asked for attendee ID, press #. To unmute yourself during the call press *6.

CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 COMMUNITY CALL-IN

Do you have questions about the COVID-19 vaccine? Join our health educators for a weekly call! This is a 45-minute Q&A session to ask questions about the COVID-19 vaccine.

WHEN (English): Wednesdays from 7:00pm-7:45pm

WHEN (Spanish): Wednesdays from 6:00pm-6:45pm

HOW: Join by phone

CALL IN AT: 1-844-992-4726

ACCESS ID: 132 173 5589

When asked for an attendee ID, press #

Dial the number above and enter the access code when prompted. Please mute upon entry and unmute when you have a question.



Futuro Latino and CSHD Facebook Live

Join our health educators for a Spanish language

COVID-19 vaccine information session on Friday, April 9 at 7:00pm. The session will focus on the different COVID-19 vaccines myths and realities. It will be streamed live on the [Futuro Latino Coalition's Facebook page](#).

There will be one other event in April:

- April 23 at 7:00pm: How is the COVID-19 vaccine process going?




Participa en las Próximas Sesiones Informáticas Sobre las Vacunas Contra el COVID-19

Aprendamos de los expertos en salud

Marzo 26, 7:00 pm Diferencias Entre las Vacunas Contra el COVID-19

Abril 9, 7:00 pm Mitos y Realidades sobre la Vacuna Contra el COVID-19

Abril 23, 7:00 pm Vacuna COVID-19 ¿Cómo vamos?




Transmisiones en vivo. Síguenos en las Redes para más información



COVID-19 VACCINE DATA

We are publishing daily and weekly data on the number of vaccines we administered and the populations we vaccinated. The daily vaccine numbers can be found on our [website](#) and [Facebook page](#).

These numbers only reflect COVID-19 vaccinations given by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district. They are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the [VDH COVID-19 Vaccine Dashboard](#). The snap shot for last week is below and can also be found on our website.

CSHD COVID-19 Vaccination Efforts - Week of March 29th



Vaccine Planning Considerations:

It is important to take the following into consideration when looking at district vaccine distribution efforts:

- The distribution of vaccine from the federal government to Virginia has been limited, which has affected the ability of local health departments and community partners to obtain vaccine to offer to priority groups.
- We expect vaccine availability to be limited over the next few months.
- CSHD is working with our local healthcare partners to increase our community capacity to vaccinate individuals in Phase 1b.



Total COVID-19 Vaccines Given by CSHD

56,330

*as of 4/3/2021

The data provided only reflects COVID-19 vaccinations performed by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district.

Planned Vaccination Efforts This Week:

PHASE 1A:

- Phase 1A catch-up
- 2nd Doses

PHASE 1B:

- Phase 1b essential workers
- Persons aged 65 years+
- Persons aged 16-64 with high risk health conditions or disabilities

PHASE 1C:

- Phase 1c essential works

Planned Vaccination Efforts Next Week:

PHASE 1A:

- Phase 1A catch-up
- 2nd Doses

PHASE 1B:

- Phase 1b essential workers
- Persons aged 65 years+
- Persons aged 16-64 with high risk health conditions or disabilities

PHASE 1C:

- Phase 1c essential works

Date	Daily Number of COVID-19 Vaccines Distributed by CSHD
Mon, March 30	775
Tues, March 31	1,710
Weds, Apr 1	2,840
Thurs, Apr 2	340
Fri, Apr 3	1,830
Weekly Total	7,495



DON'T FORGET-STAY VIGILANT!

COVID-19 is in our community. To stop the spread, everyone should continue to:

- Wear a face mask when around people you don't live with
- Avoid social gatherings and keep 6ft. distance between you and others
- Wash your hands and cover your cough

It is crucial that **everyone** takes these prevention measures, even after you get vaccinated!

Central Shenandoah Health District:

- Our district comprises of 5 counties and 5 cities: Rockingham, Augusta, Rockbridge, Bath & Highland Counties Harrisonburg, Staunton, Waynesboro, Lexington, Buena Vista Cities
- Due to the differences in populations and resources in the five counties and five cities that make up the district, some areas may move into the different vaccination phases faster than others. We should also expect overlap in the phases as we work through the vaccination process.



COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	New Cases, 7-Day Avg	Total Cases	Total Hospitalizations	Total Deaths
Augusta	4	5,414	152	68
Staunton City	3	2,546	80	67
Waynesboro City	2	2,259	71	34
Rockbridge	1	1,453	44	45
Lexington City	0	1,152	22	31
Buena Vista City	0	868	20	19
Rockingham	8	6,395	359	103
Harrisonburg City	13	6,236	180	95
Bath	0	252	7	10
Highland	0	108	1	1
Totals	31	26,466	929	469
<i>*As of 10:00am on 4/5</i>				

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here!

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

